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Tutorial Staff

Monroe High School

MATH: Matt Steele
SCIENCE: TBA
ENGLISH: Lisa Sellers
Upward Bound tutorials
take place on Tuesdays,
Wednesdays, and
Thursdays from
2:30 - 4:30 pm in

room A-111

Airport High School

MATH: Marcee Nye
and Matt Pinter
SCIENCE: Aaron Kipfmiller
ENGLISH: Tim Curry
and Brooklyn Wright
Upward bound tutorials
take place on Mondays &
Wednesdays from
2:30 - 4:30 pm, and
Tuesdays 3:00 - 4:30 pm
in room 59

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The UPWARD BOUND Newsletter

FALL 2015

UPWARD BOUND: Cultural Enrichment Trip Philadelphia Pennsylvania-August 2, 2015 to August 5, 2015

Undoubtedly, one of the most exciting elements of the Upward Bound program is the Summer Program. This experience provides participants with many opportunities for academic, personal, and social growth. Each Friday of the Summer Program, the students participate in a field trip. This past summer we visited Camp Miakonda, Lourdes University, BASF, University of Detroit Mercy and Comerica Park, with a roof top lunch at Hockeystown Café. The students seemed to enjoy each trip for many varied reasons. In addition to the Friday field trips, all students in good standing within the Summer Program are eligible to attend a cultural enrichment trip.



Samantha Peters & Dedra Brown

The City of Brotherly Love was the destination for summer 2015. Seventy-five students and nine chaperones traveled to Philadelphia, Pennsylvania. Our first destination was Hershey, Pennsylvania where we visited Hershey Chocolate World. Fun and chocolate was had by all. On to Philadelphia where we visited Valley Forge and toured a house actually lived in by the one and only George (and Martha) Washington.



View of Philadelphia from the - "Rocky Steps" - Philadelphia Museum of Art
Photo by Miracle Powell



Upward Bound students visiting the Italian Market area of Philadelphia, PA.

On our tour of the Italian Market area of Philadelphia, many of us were able to see the works of Isaiah Zagar, an award-winning mosaic mural artist. His work can be found on more than 200 public walls throughout the city of Philadelphia. During the South Street Renaissance (1970's) the artist began to breathe life into what had become a dismal area in Philadelphia. Isaiah has a unique way of storytelling. His stories are told through the jagged and shimmering pieces of tile, glass and what some would consider garbage that he has arranged into large-scale mosaic masterpieces on the sides of buildings and in the alley ways of the city. As the sun begins to set, the murals begin to glisten and come alive just as this part of the city has done.



**Work of Isaiah Zagar, Artist
Photos by Charles Friedline, Philadelphia, PA – August 2, 2015 through August 5, 2015**

FROM THE DIRECTOR'S DESK - Anthony Quinn, Upward Bound Program Director



The academic school year for the 2015-2016 Upward Bound Program began on September 29th, 2015 at Monroe High School and October 5th, 2015 at Airport High. Tutorials will take place after school at Monroe High School on Tuesday, Wednesday and Thursday's from 2:30 to 4:30. Airport High School's tutorials will take place on Monday, Tuesday and Wednesday after school from 2:30 to 4:30. Staff will be in the Upward Bound office at the high school should you need any assistance.

- Dr. Anthony Quinn, Upward Bound Program Director

Test Date	Registration Deadline	Late Fee (Required)
September 12, 2015	August 7, 2015	August 8-21, 2015
October 24, 2015	September 18, 2015	September 19- October 2, 2015
December 12, 2015	November 6, 2015	November 7-20, 2015
February 6, 2016*	January 8, 2016	January 9-12, 2016
April 9, 2016	March 4, 2016	March 5-18, 2016
June 11, 2016**	May 6, 2016	May 7-20, 2016

Test Fees – ACT \$39.50 ACT w/writing - \$56.50
Waivers are available –
See Academic Skills Coordinator for details

ACT SITES TO VISIT FOR HELP

- http://testprep.about.com/od/act/f/ACT_Cost.htm
- <http://collegeapps.about.com/od/Test-Prep/tp/kaplan-act-test-prep.htm>
- <http://www.actstudent.org>
If you need to register for the ACT, go to this link. The MHS school code is 232-612. The AHS code is 230475.
- <http://www.actstudent.org/onlineprep/index.html>
To prepare for the ACT you can go to this online test prep site.
- <http://www.actstudent.org/qotd/>
Visit this site for a practice question of the day.
- <http://www.actstudent.org/testprep/book.html>

COORDINATOR'S CORNER



From the desk of....

Dannielle Lambert, Academic Skills Coordinator, Monroe High School

The following is important information for seniors:

College Applications and Fee Waivers: Seniors, if you have not already started applying to colleges/universities, it is NOW time to start. Upward Bound will take care of any and all application fees. Provide me with the information on where you are applying; and, I will submit a college application fee waiver letter to that institution on your behalf.

Michigan College Application Week:

This year's MCAW begins Monday, October 26, and ends on Friday, October 30. During this week, many colleges and universities in the state of Michigan waive their college application fees.

Monroe High School Transcripts:

Official transcripts are sent to the colleges and universities that you choose by Monroe High School electronically through Parchment. It is a more efficient and secure process to send your credentials. Additionally, Parchment has "College Tools" available where one can do college searches, receive college recommendations, compare colleges, participate in a college discussion forum, and view college rankings based on actual student information. Simply go to Parchment.com to sign up.

Scholarships:

There are thousands of scholarships available out there from all sorts of institutions and organizations. Scholarships are available through your high school, the colleges/universities one is applying to, locally, nationally, and through businesses and corporations.

The following websites are useful starting points:

www.studentaid.ed.gov/types/grants-scholarships/finding-scholarships

www.michigan.gov/ssg

www.collegeboard.org

www.fastweb.com

From the desk of....



Charles Friedline, Academic Skills Coordinator, Airport High School

Welcome back to another exciting year, Upward Bound parents and students! By this time, everyone should be getting settled in to their new routines, getting to know their new teachers, and getting a sense of what is going well and what they are going to need help with.

The Airport High School Upward Bound After-School Program is back up and running, and we are here to help with whatever our students need. We have Mr. Curry (English), Mrs. Nye and Mr. Pinter (Math), and Mr. Kipfmiller (Science and Math) returning as tutors this year—and I am hoping to add another English and Science tutor soon.

Students, if you are having trouble with anything—classes, schedules, lunch, literally anything!—come see me right away. Don't wait until you get so far behind in a class that you can't catch up. I will work with you to find whatever help you need.

And a special note for the freshmen: This is your first year at the high school, and you are probably already finding out that there are a LOT of differences from your experience at Wagar! If you find yourself struggling with anything, come see me right away. I am here to help you make a successful transition to high school.

We have a lot to do this year, but if we do it right we might even accidentally have some fun along the way! I am in my office (room 35) every school day from 8:30 to 4:30. Stop by and I'll do whatever I can to help you.

NEW UPWARD BOUND STAFF MEMBERS

NEW UPWARD BOUND STAFF MEMBER:

Cheryl Prenkert

– Administrative Assistant for the Upward Bound Program

I have already met many of you this summer on our trip to Philadelphia. Upward Bound staff and students certainly know how to welcome a new employee. I am looking forward to getting to know each of you better. I will be dividing my hours between MCCC, Monroe High School and Airport High School. My hours will be from 8:30 until 3:45 p.m. Monday through Thursday. I welcome you to stop by and say hello. If I miss seeing you at your building please e-mail me at cprenkert@monroeccc.edu or leave me a note. If I can be of any assistance to any of you, please let me now.

Here's to a good year,
Cheryl Prenkert

Learning Holistically- The alternative strategy is to focus on actually using the information you have to build something. This involves linking concepts together and compressing information so it fits in the bigger picture. Here are some ideas to get started:

1. Metaphor – Metaphors can allow you to quickly organize information by comparing a complex idea to a simple one. When you find relationships between information, come up with analogies to increase your understanding. Compare neurons with waves on a string. Make metaphors comparing parts of a brain with sections of your computer.

2. Use All Your Senses – Abstract ideas are difficult to memorize because they are far removed from our senses. Shift them closer by coming up with vivid pictures, feelings and images that relate information together. When I learned how to do a determinant of a matrix, I remembered the pattern by visualizing my hands moving through the numbers, one adding and one subtracting.

3. Teach It – Find someone who doesn't understand the topic and teach it to them. This exercise forces you to organize. Spending five minutes explaining a concept can save you an hour of combined studying for the same effect.

4. Leave No Islands – When you read through a textbook, every piece of information should connect with something else you have learned. Fast learners do this automatically, but if you leave islands of information, you won't be able to reach them during a test.

5. Test Your Mobility – A good way to know you haven't linked enough is that you can't move between concepts. Open up a word document and start explaining the subject you are working with. If you can't jump between sections, referencing one idea to help explain another, you won't be able to think through the connections during a test.

6. Find Patterns – Look for patterns in information. Information becomes easier to organize if you can identify broader patterns that are similar across different topics. The way a neuron fires has similarities to "if" statements in programming languages.

7. Build a Large Foundation – Reading lots and having a general understanding of many topics gives you a lot more flexibility in finding patterns and metaphors in new topics. The more you already know, the easier it is to learn.

8. Don't Force – I don't spend much time studying before exams. Forcing information during the last few days is incredibly inefficient. Instead try to slowly interlink ideas as they come to you so studying becomes a quick recap rather than a first attempt at learning.

9. Build Models – Models are simple concepts that aren't true by themselves, but are useful for describing abstract ideas. Crystallizing one particular mental image or experience can create a model you can reference when trying to understand. When I was trying to tackle the concept of subspaces, I visualized a blue background with a red plane going through it. This isn't an entirely accurate representation of what a subspace is, but it created a workable image for future ideas.

10. Learning is in Your Head – Having beautiful notes and a perfectly highlighted textbook doesn't matter if you don't understand the information in it. Your only goal is to understand the information so it will stick with you for assignments, tests and life. Don't be afraid to get messy when scrawling out ideas on paper and connecting them in your head. Use notes and books as a medium for learning rather than an end result.



Upward Bound 2015 Summer Program Students



Summer T-Shirt design by Samantha Peters, Upward Bound Student.

Monroe County Community College
1555 S. Raisinville Road
Monroe, MI 48161



Monroe County Community College
1555 S. Raisinville Road
Monroe, MI 48161



Monroe High School
901 Herr Road
Monroe, MI 48161



What is Upward Bound?

Upward Bound is a program funded by the U.S. Department of Education that prepares high school students for post-secondary education. Established in 2007, Monroe County Community College Upward Bound serves 110 students, grades 9-12. Students are enrolled from our target high school, Monroe High School, located in Monroe, Michigan and Airport High School located in Carleton, Michigan. Upward Bound is a challenging, preparatory program for students who demonstrate the ability or desire to attend college.

All program services are free for participants.

Mission

The mission of the Monroe County Community College Upward Bound program is to assist students in grades nine through twelve in the successful completion of high school and to prepare them for post-secondary education by providing academic support, college preparation, social, cultural and career exploration.