

Course Outcome Summary

Standard Course

PSYCH 257 Psychology of Human Sexuality

Course Information	
Division	Division of Science and Mathematics
Contact Hours	45
Total Credits	3

Prerequisites

PSYCH 151 General Psychology

Course Description

This course offers a survey of psychological perspectives on the interdisciplinary field of human sexuality. Concepts examined in this course include sexual response, sex, gender, sexual orientation, sexual behavior, attractions, communication, and sexual health. The foundation for inquiries into these topics is empirical research.

Course Outcomes

In order to evidence success in this course, students will be able to:

- 1. Explain major psychological concepts and theoretical perspectives about human sexuality.
- 2. Describe contemporary and historical sexuality research methods.
- 3. Identify key psychology of sexuality themes from diverse perspectives, including historical, biological, behavioral, and sociocultural perspectives.
- 4. Examine their own beliefs and explore their own assumptions about sexuality, and compare these to scientific knowledge about the range of human sexuality.
- 5. Discuss empirically based knowledge of sexuality as it relates to ethical, media, public policy, and popular culture issues.
- 6. Increase their own comfort with topics of sex so they can more effectively make decisions about it.

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