

Course Outcome Summary

Required Program Core Course

NURS 103 Fundamental Nursing Care

Course Information

Division Health Sciences

Contact Hours 15
Theory 91.5
Lab Hours 56
Off-Campus Clinical Hours 88
Total Credits 9

Prerequisites

Acceptance into the nursing program.

ENGL 151, PSYCH 151, BIOL 257 (formerly BIOL 157)

Co-requisite BIOL 258 (formerly BIOL 158), ENGL 152 (Both must be successfully completed prior to or concurrently)

Course Description

This course provides an introduction to the fundamental concepts of holistic nursing care. Nursing judgment, integral to the nursing process, will be emphasized as a means of facilitating foundational care of the adult patient. Special focus will be placed on the diverse needs of the older adult and exploring the role of the professional nurse within a multidisciplinary heath care team.

The clinical content will be applied 8-13 hours weekly, utilizing the campus laboratory and hospital.

This course is a required core course for students pursuing a(n) Associate of Applied Science - Nursing

Program Outcomes Addressed by this Course:

Upon successful completion of this course, students should be able to meet the program outcomes listed below:

- A. Advocate holistically for diverse patient populations and their families in ways that promote health, self-determination, integrity, and ongoing growth as human beings.
- B. Integrate clinical reasoning, substantiated with evidence, to provide and promote safe quality care for patients and families in a community context.
- C. Distinguish one's professional identity in ways that reflect integrity, responsibility, legal and ethical practices, and professional growth and development as a nurse.
- D. Communicate respectfully and effectively with diverse populations and the multidisciplinary health care team through collaborative decision making to produce optimal patient outcomes.
- E. Manage patient care effectively related to time, personnel, informatics and cost to continuously improve the quality and safety of health care systems.



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Course Outcomes

In order to evidence success in this course, the students will be able to:

- **1.** Describe holistic advocacy for diverse patient populations and their families in ways that promote health, self-determination, integrity, and ongoing growth as human beings. *Applies to Program Outcome*
 - A. Advocate holistically for diverse patient populations and their families in ways that promote health, self-determination, integrity, and ongoing growth as human beings.
- 2. Describe culture of safety, quality care, evidence-based practice and nursing judgment and how these concepts relate to the needs of adult patients and families in the community context. Applies to Program Outcome
 - B. Integrate clinical reasoning, substantiated with evidence, to provide and promote safe quality care for patients and families in a community context.
- 3. Define roles and responsibilities of the professional nurse.

Applies to Program Outcome

- C. Distinguish one's professional identity in ways that reflect integrity, responsibility, legal and ethical practices, and professional growth and development as a nurse.
- **4.** Describe effective strategies for communicating with diverse adult populations throughout the lifecycle and the multidisciplinary health care team that promotes collaborative decision making to produce optimal patient outcomes.

Applies to Program Outcome

- D. Communicate respectfully and effectively with diverse populations and the multidisciplinary health care team through collaborative decision making to produce optimal patient outcomes.
- **5.** Recognize concepts that promote effective patient care to meet the needs of adult patients related to time, personnel, informatics and cost to continuously improve the quality and safety of health care systems.

Applies to Program Outcome

E. Manage patient care effectively related to time, personnel, informatics and cost to continuously improve the quality and safety of health care systems.

Date Updated: 01/15, 6/17

By: KSL