College Skills
Outline of Instruction

Course Information
Organization: Monroe County Community College
Revised Date: 2/16/2011
Course Number: COLL 145
Division: Humanities/Social Sciences
Total Credits: 2

Description
This course is recommended for beginning college students seeking study skills for academic success. The instruction provides skills for students to use for achieving classroom excellence and independent learning, including textbook mastery and lecture synthesis. Special emphasis includes study applications in critical thinking. The Humanities Division offers this course in order to assist students in achieving academic goals efficiently. Although skills for effective communication during class meetings are included, the general education skill emphasized in this course is critical thinking.

Major Units
1. Academic goals
2. Career goals
3. Time management
4. Concentration skills
5. Textbook note-taking
6. Critical thinking
7. Test-taking
8. Research techniques

Target Population
Beginning college students

Types of Instruction
Instruction Type
Classroom Presentation
Contact Hours: 30
Credits: 2

Prerequisites
None
Course Outcomes

1. Identify the terminology relating to time management.
2. Identify the terminology relating to memory techniques and why and how forgetting occurs.
3. Identify the terminology relating to textbook and lecture note-taking.
4. Identify the terminology relating to college study and test-taking.
5. Identify the terminology relating to critical thinking.
6. Identify the terminology relating to writing research assignments.
7. Demonstrate writing main ideas and supporting details.
8. Demonstrate writing summaries of notes.
9. Demonstrate outlining of a textbook chapter.
10. Demonstrate organizing lecture notes.
11. Demonstrate annotating textbooks and assignment sheets.
12. Demonstrate accessing research materials in MCCC databases.
13. Demonstrate synthesizing and evaluating writing a variety of written sources and notes.
14. Recognize that the techniques learned in this course can promote effective learning in present college coursework, future coursework, or in-service occupational training.

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