Course Information
Division: Health Sciences
Contact Hours: 17
Theory: 75 hours
Lab Hours: 60 hours
Off-Campus Clinical Hours: 120 hours
Total Credits: 9

Prerequisites: Admission to Practical Nursing Program
Co-requisite: PNURS 123 (unless course already passed)
HLTSC 120, BIOL 158 (Must be successfully completed prior to or concurrently)

Course Description
This course is the foundation nursing course from which other courses build and expand. It includes concepts and skills basic to nursing and introduces the role and scope of practice of the licensed practical nurse. The program's philosophy and organizing framework are introduced. Meeting the needs of clients experiencing a change in health status and the provision of basic nursing care is the focus. Integrated content includes normal and therapeutic nutrition, growth and development of the adult client, and mathematics for medication administration. The students will study in the classroom, the nursing skills laboratory, and acute and extended care clinical settings.

This course is a required core course for students pursuing a(n): Certificate in Practical Nursing

Program Outcomes Addressed by this Course:
Upon successful completion of this course, students should be able to meet the program outcomes listed below:

A. Apply the nursing process in the delivery of nursing care to clients and the management of care of groups of clients in applicable structured health care settings.

B. Demonstrate the provision of competent nursing care to clients and to the management of care of groups of clients in applicable structured health care settings.

C. Demonstrate professional and caring relationships in the provision of nursing care to clients and to the supervision of staff in the care of groups of clients in applicable structured health care settings.

D. Apply the stress adaptation theory and the use of healthy coping mechanisms in the care of clients and the management of the work environment in the care of clients in applicable structured health care settings.

E. Demonstrate effective communication skills with clients, families, staff, and peers in the various structured health care settings.

F. Display respect and sensitivity to the cultural diversity of clients, families, staff, and peers with varied lifestyles, beliefs, races, and cultures.

G. Demonstrate professionalism through compliance with the ethical and legal standards of the nursing profession in the care of clients and the management of staff in applicable structured health care settings.
Course Outcomes
In order to evidence success in this course, the students will be able to:

1. Identify the role of the licensed practical nurse in the nursing process to assist adult clients to meet basic physiological and psychological needs and to promote wellness.
   **Applies to Program Outcome:**
   A. Apply the nursing process in the delivery of nursing care to clients and the management of care of groups of clients in applicable structured health care settings.

2. Demonstrate the safe performance of select basic nursing skills to meet the healthcare needs of adult clients in acute care and extended care facilities.
   **Applies to Program Outcome:**
   B. Demonstrate the provision of competent nursing care to clients and to the management of care of groups of clients in applicable structured health care settings.

3. Identify the characteristics of professional and caring nurse-client relationships which assist adult clients to meet health care needs.
   **Applies to Program Outcome:**
   C. Demonstrate professional and caring relationships in the provision of nursing care to clients and to the supervision of staff in the care of groups of clients in applicable structured health care settings.

4. Describe the stress-adaptation theory in assisting adult clients to utilize healthy coping mechanisms in adapting to the stressors associated with illness.
   **Applies to Program Outcome:**
   D. Apply the stress adaptation theory and the use of healthy coping mechanisms in the care of clients and the management of the work environment in the care of clients in applicable structured health care settings.

5. Identify therapeutic and non-therapeutic communication skills in interaction with clients, families, staff, and peers.
   **Applies to Program Outcome:**
   E. Demonstrate effective communication skills with clients, families, staff, and peers in the various structured health care settings.

6. Define diversity and the importance of respect and sensitivity to clients and families with varied lifestyles, beliefs, races, and cultures.
   **Applies to Program Outcome:**
   F. Display respect and sensitivity to the cultural diversity of clients, families, staff, and peers with varied lifestyles, beliefs, races, and cultures.
7. Identify professional behaviors which reflect accountability for nursing practice, through adherence to the ethical and legal standards of the nursing profession, in the care of adult clients.

**Applies to Program Outcome:**

G. Demonstrate professionalism through compliance with the ethical and legal standards of the nursing profession in the care of clients and the management of staff in applicable structured health care settings.

Date Updated: 1/6/15
By: hb_lm