Course Information
Division: Health Sciences
Course Number: CNA 100
Course Name: Certified Nurse Aide

Contact Hours: 10
Theory: 48
Lab Hours: 59
Off-Campus Clinical Hours: 48
Total Credits: 6

Prerequisites
RDG 090 and ENGL 090 qualifying scores on ACT or COMPASS tests

Course Description
This course is designed to prepare an individual to fulfill the role of direct caregiver/nursing aide. The course emphasizes the skills and behaviors that are significant to employers of nurse aides, including Cardiopulmonary Resuscitation. This course includes classroom activities, skills practice time in the laboratory, and supervised clinical practice at a long-term care facility. Written assignments and tests (both written and performance testing) are a part of this course. Upon completion of this course, students will be eligible to take the clinical and written exams required for certification as a nurse's aide.

Course Outcomes
In order to evidence success in this course, students will be able to:

1. Describe emergency procedures to be taken in the event of:
   a. fire
   b. natural disasters
   c. power failure
   d. choking
   e. heart or lung function cessation

2. Perform basic nursing skills safely and meeting legal and ethical considerations:
   a. personal care skills such as bathing, ADL activities
   b. care of the environment
   c. care of the bed
   d. collecting and sharing information: pulse, respiration, blood pressure, weight, height
   e. intake and output, specimen collection
   f. catheter care
   g. observation, recording, and reporting changes in conditions
   h. preventing, recognizing, and responding to seizure activity
   i. infection control
   j. issues regarding delegation
   k. aspects of rehabilitative care, such as transfer, positioning, and use of assistive devices
   l. basic first aid for common situations, such as bleeding, burns
3. Describe three basic purposes of long term care and facilities
4. Describe the rights of the resident as specified in the Michigan Public Health Code
5. Recognize and integrate Indirect Care Measures into clinical practice:
   a. Communication
   b. Residents’ rights
   c. Safety
   d. Comfort
   f. Standard precautions
6. Interact appropriately with persons having special needs
7. Identify the role and responsibilities of the nurse aide
8. Meet course requirements for behavior and attendance