

Main Campus

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**Press Release** 

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FOR IMMEDIATE RELEASE

## ONE BOOK, ONE COMMUNITY KICK OFF SET FOR WEDNESDAY

MONROE, Mich. – The kick-off of this year's One Book, One Community of Monroe County events series will take place from 6-8 p.m. Wednesday in the atrium of Monroe County Community College's La-Z-Boy Center.

MCCC is located at 1555 S. Raisinville Rd. in Monroe.

One Book, One Community of Monroe County, modeled after a program developed by the American Library Association, promotes the value of reading by recommending a compelling book that links community members in a common conversation through readings, group discussions, programs and other events.

This year's featured book selection is "The American Way of Eating: Undercover at Walmart, Applebee's, Farm Fields and the Dinner Table (2012)" a New York Times Bestseller by Tracie McMillan.

The kick-off event Wednesday evening will begin with "A Taste of Monroe," including a sampling of local food and beverages. There will be informative and interactive stations, including master gardening, bee keeping, canning and preserving, and more, as well as the second-annual One Book, One Community Used Book Sale.

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At 7:30 p.m., artist, teacher, speaker and urban farmer Kate Daughdrill will speak about gardening in the heart of Detroit. She grows most of her own food on a multi-lot farm she cultivates with her neighbors, and she incorporates sustainable living and farming into her works.

"The American Way of Eating" chronicles McMillan's 2009 undercover investigation of our nation's food system to examine how we eat. She worked on industrial farms in California, in a Walmart produce section outside Detroit and at an Applebee's kitchen in New York City. In the book, McMillan digs deep into labor, economics, politics and social science to reveal new and surprising truths about how America's food is grown, sold, and prepared – and what it would take to change the system.

"The American Way of Eating" is available for checkout at any Monroe County Library System branch location in print and eBook. The title is also available for purchase at:

- Book Nook, 42 S. Monroe Street, Monroe
- Books-A-Million Mall of Monroe, Monroe
- Founding Partners of One Book, One Community of Monroe County include Monroe
  County Community College, The Foundation at Monroe County Community College, Monroe
  County Library System and Monroe Publishing Company/Monroe News.

• Monroe County Community College Bookstore (Main Campus in Monroe)

Major Sponsors for 2015 include Calder Dairy and Farm; Education Plus Credit Union; Harbor Inn & Ale; Janssen Brothers Farms, LLC; Meemic/Leski Insurance Agency, LLC, and Siena Heights University.

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Supporters include The (MCCC) Agora; Book Nook; Diversity Committee of MCCC; Friends of One Book, One Community: Monroe County Community College Student Government; Monroe County Historical Museum, and the River Raisin Institute.

Educational Reading Partners include Airport Community Schools and Meadow Montessori.

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