



MONROE COUNTY
COMMUNITY COLLEGE

enriching lives

Main Campus

1555 South Raisinville Road
Monroe, MI 48161-9746

Whitman Center

7777 Lewis Avenue
Temperance, MI 48182

www.monroecc.edu

Press Release

Contact:
Joe Verkennes,
Director of Marketing,
(734) 384-4207

March 4, 2015

FOR IMMEDIATE RELEASE

**CALENDAR OF EVENTS SET FOR ‘ONE BOOK,
ONE COMMUNITY OF MONROE COUNTY’**



MONROE, Mich. – The One Book, One Community of Monroe County Committee has finalized the calendar of events planned around the themes in this year’s featured book selection, “The American Way of Eating: Undercover at Walmart, Applebee’s, Farm Fields and the Dinner Table (2012)” a New York Times Bestseller by Tracie McMillan.

The events formally launch with a kickoff event on the evening of March 25 at Monroe County Community College. McMillan is scheduled to visit MCCC for student workshops and a public book signing and presentation on April 15.

One Book, One Community of Monroe County, modeled after a program developed by the American Library Association, promotes the value of reading by recommending a compelling book that links community members in a common conversation through readings, group discussions, programs and other events.

“The American Way of Eating” chronicles McMillan’s 2009 undercover investigation of

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our nation's food system to examine how we eat. She worked on industrial farms in California, in a Walmart produce section outside Detroit and at an Applebee's kitchen in New York City. In the book, McMillan digs deep into labor, economics, politics and social science to reveal new and surprising truths about how America's food is grown, sold, and prepared – and what it would take to change the system.

Below is the calendar of events. All events are free and open to the public unless otherwise noted.

March 23

River Raisin Institute Spring Film Series: 'Food Matters'

6:30-8 p.m.

Ida Branch Library

30161 Lewis Ave., Ida

This documentary exposes the inconvenient truth the food industry doesn't want you to hear: Nearly all degenerative diseases are actually caused by the processed, nutrient-depleted food being consumed in first-world nations around the world. "Food Matters" reveals how we can stop this treatment of our food and restore true health to ourselves and our planet. NR, 2008.

Length: 1 hour, 20 minutes.

March 24

Film Series: 'A Place at the Table'

7 p.m.

Monroe County Community College

Life Science Building, Rm. 140

1555 S. Raisinville Rd., Monroe

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About 50 Million Americans don't know where their next meal is coming from. "A Place at the Table" tells the powerful stories of three such Americans who maintain their dignity even as they struggle just to eat. "A Place at the Table" shows how the issue could be solved forever, once the American public decides – as they have in the past – that ending hunger is in the best interest of us all. PG, 2011. Length: 1 hour 24 minutes. *Dr. Terri Kovach, reference/technical services librarian and adjunct sociology professor at Monroe County Community College, will moderate a viewing of this documentary.*

March 25

Children's Program: Where Does Our Food Come From?

4:30 p.m.

Navarre Branch Library

1135 E. 2nd St., Monroe

Join us as we learn about the food we eat and how it gets here.

March 25

One Book, One Community Kick-off

6-8 p.m.

Monroe County Community College

La-Z-Boy Center Atrium

1555 S. Raisingville Rd., Monroe

Come and celebrate One Book, One Community of Monroe County's 2015 book selection, "The American Way of Eating," by Tracie McMillan. The evening will begin with "A Taste of Monroe," which will feature a sampling of local food and beverages. Also featured will be

informative and interactive stations, including master gardening, bee keeping, canning and preserving, and more. One Book, One Community will also host its second annual used book sale. At 7:30 p.m., artist, teacher, speaker and urban farmer Kate Daughdrill will speak about gardening in the heart of Detroit.

March 25

River Raisin Institute Spring Film Series: ‘Food Matters’

6:30-8 p.m.

Summerfied-Petersburg Branch Library

60 E. Center St., Petersburg

This documentary exposes the inconvenient truth the food industry doesn’t want you to hear: Nearly all degenerative diseases are actually caused by the processed, nutrient-depleted food being consumed in first-world nations around the world. “Food Matters” reveals how we can stop this treatment of our food and restore true health to ourselves and our planet. NR, 2008.

Length: 1 hour, 20 minutes.

March 26

Women’s Health & Wellness Fair

11:30 a.m.-1 p.m.

Warrick Student Services/Administration Building

Monroe County Community College

Admissions and Guidance Foyer

1555 S. Raisinville Rd., Monroe

This fair will focus on healthy living for women, including fitness aspects of the mind, body and spirit. It is jointly sponsored by the Monroe County Community College Diversity Committee

and One Book, One Community of Monroe County. Attendees will have a chance to win a free Kindle Fire.

Film Series: ‘A Place at the Table’

7 p.m.

Monroe County Community College

Whitman Center, Rm. 4

7777 Lewis Ave., Temperance

About 50 Million Americans don’t know where their next meal is coming from. “A Place at the Table” tells the powerful stories of three such Americans who maintain their dignity even as they struggle just to eat. In a riveting journey that will change forever how you think about the hungry, “A Place at the Table” shows how the issue could be solved forever, once the American public decides—as they have in the past—that ending hunger is in the best interest of us all. PG, 2011. Length: 1 hour 24 minutes. *Dr. Terri Kovach, reference/technical services librarian and adjunct sociology professor at Monroe County Community College, will moderate a viewing of this documentary.*

March 28

Maple Sugar Day

Noon-4 p.m.

Navarre-Anderson Trading Post – River Raisin Territorial Park

3815 N. Custer Rd., Monroe

Explore the traditional and modern methods of making sugar and syrup from the sap of the maple tree. Maple Sugar Day is a free event and an afternoon of education and entertainment for the whole family. *In the event of poor weather or site flooding, Maple Sugar Day will be held at*

the Monroe County Museum, 126 S. Monroe Street, Monroe.

March 29

Film Series: ‘The Hundred Foot Journey’

2 p.m.

Bedford Branch Library

8575 Jackman Rd., Temperance

In “The Hundred-Foot Journey,” Hassan Kadam (Manish Dayal) is a culinary ingénue with the gastronomic equivalent of perfect pitch. Displaced from their native India, the Kadam family, led by Papa (Om Puri), settles in the quaint village of Saint-Antonin-Noble-Val in the south of France, which is the ideal place to settle down and open an Indian restaurant, the Maison Mumbai. That is, until the chilly chef proprietress of Le Saule Pleureur, a Michelin starred, classical French restaurant run by Madame Mallory (Helen Mirren), gets wind of it. Her icy protests against the new Indian restaurant a hundred feet from her own escalate to all-out war between the two establishments. PG, 2014. Length: 2 hours 2 minutes. *Judy Murray, reference librarian at Monroe County Library System Bedford Branch Library, will moderate the viewing of this dramatic comedy.*

March 30

Celebrity Waiter Night

6-8/9 p.m.

Harbor Inn & Ale

13993 LaPlaisance Rd., Monroe

The second annual Celebrity Waiter Night offers a night of fun and fundraising for the One Book, One Community of Monroe County Reading Program. Monroe “celebrities” will act as

servers and compete with each other to collect the most tips. A buffet dinner will feature “local dishes” to satisfy every palate. Michigan craft beers will also be featured.

March 30

Film Series: ‘Ratatouille’

6 p.m.

DORSCH MEMORIAL BRANCH LIBRARY

18 E. 1st St., Monroe

In “Ratatouille,” a hilarious family-friendly film, a rat named Remy (voiced by Patton Oswalt) dreams of becoming a great chef despite his family’s wishes and the obvious problem of being a rat in a decidedly rodent-phobic profession. When fate places Remy in the city of Paris, he finds himself ideally situated beneath a restaurant made famous by his culinary hero, Auguste Gusteau. Despite the apparent dangers of being an unwanted visitor in the kitchen at one of Paris' most exclusive restaurants, Remy forms an unlikely partnership with Linguini, the garbage boy, who inadvertently discovers Remy's amazing talents. G, 2007. Length 111 minutes.

April 1

Film Series: ‘Pieces of April’

6 p.m.

Ellis Library & Reference Center

3700 S. Custer Rd., Monroe

In “Pieces of April,” April Burns (Katie Holmes) is a wild, 21-year-old young woman with a very big problem. Against her own better judgment, she's invited her estranged, straight-laced

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family for Thanksgiving dinner. Her boyfriend, Bobby, wants to help, but she banishes him from the apartment while she attempts to cook the meal. PG-13, 2003. Length: 1 hour 20 minutes. *Tim Dillon*, associate professor of English and Writing across the Curriculum coordinator at Monroe County Community College, will moderate the viewing of this dramatic comedy. Complimentary movie candy will be available.

April 2

Book Discussion: 'The American Way of Eating' by Tracie McMillan

10:30 a.m.

Bedford Branch Library

8575 Jackman Rd., Temperance

April 7

Film Series: 'King Corn'

12:30 - 1:30 p.m.

Monroe County Community College

Student Services/Administration Building, Dining Room

1555 S. Raisinville Rd., Monroe

“King Corn” is a feature documentary about two friends, one acre of corn, and the subsidized crop that drives our fast-food nation. Ian Cheney and Curt Ellis, best friends from college on the east coast, move to the heartland to learn where their food comes from. With the help of friendly neighbors, genetically modified seeds and powerful herbicides, they plant and grow a bumper crop of America's most-productive, most-subsidized grain on one acre of Iowa soil. But when they try to follow their pile of corn into the food system, what they find raises troubling questions about how we eat and how we farm. UR, 2007. Length: 88 minutes. *Dr. Kojo*

Quartey, president of Monroe County Community College, will moderate a viewing of this documentary.

April 8

Panel Discussion: Think Global, Eat Local

7 p.m.

Monroe County Community College

La-Z-Boy Center Atrium

1555 S. Raisingville Rd., Monroe

How can we put better food on our tables, right here in Monroe, while also helping improve food culture around the world? Experts from Ann Arbor and Detroit will join local farmers and farm-to-table advocates in discussing these issues. They'll look at our food culture from both philosophical and practical perspectives, helping us answer the question – how can I eat better, while also helping to build a better food culture? *This panel discussion is sponsored by The Agora, the student newspaper at MCCC.*

April 9

Brown Bag Discussion: 'The American Way of Eating'

12:30 p.m.

Monroe County Community College

La-Z-Boy Center Atrium

1555 S. Raisingville Rd., Monroe

Join the MCCC Humanities/Social Sciences faculty in roundtable discussions. Light refreshments will be served.

Book Discussion: 'The American Way of Eating'

6:30 p.m.

Ida Branch Library

30161 Lewis Ave., Ida

April 12

Film Series: ‘Chocolat’

2 p.m.

Ellis Library & Reference Center

3700 S. Custer Rd., Monroe

In “Chocolat,” the most tempting of all sweets becomes the key weapon in a battle of sensual pleasure versus disciplined self-denial. This comedy is set in 1959, when a mysterious woman named Vianne (Juliette Binoche) moves with her young daughter into a small French village where much of the community’s activities are dominated by the local Catholic Church. Vianne opens up a confectionery shop across the street from the house of worship shortly after the beginning of Lent, tempting the townspeople with unusual and delicious chocolate creations. PG-13, 2000. Length: 2 hours 1 minute. *Mark Bergmooser, assistant professor of speech and communication at Monroe County Community College, will moderate a viewing of this award-winning film. Complimentary movie candy will be available.*

April 15

Meet the Author – Tracie McMillan

7 p.m.

Monroe County Community College

La-Z-Boy Center, Meyer Theater

1555 S. Raisinville Rd., Monroe

Tracie McMillan will elaborate on her undercover investigation of the American way of eating that led to her non-fiction book, “The American Way of Eating: Undercover at Walmart, Applebee’s, Farm Fields, and the Dinner Table.” She will share insights about her writing career and the challenges of undercover journalism. A book signing will follow. A limited number of McMillan’s book will be available for purchase. There will be a raffle for a Kindle Fire.

April 16

Beekeeping with Henry Lievens

7 p.m.

Monroe County Historical Museum

126 S. Monroe St., Monroe

Henry Lievens, a Monroe-based attorney and chairman of the Monroe County Board of Commissioners, will talk about his personal experience in beekeeping. This quick, mile-high introduction will begin with the folklore of the tradition, and transition to a practical focus on beginning beekeeping, including starting a new hive and maintaining a colony. *This program is part of the monthly Thirdsday Programming Series at the Monroe County Historical Museum.*

April 17

‘Tour of Michigan’ Buffet

5 p.m.

Monroe County Community College

Student Services/Administration Building, Dining Room

1555 S. Raisinville Rd., Monroe

The second-year culinary arts students of Monroe County Community College, along with Chef Kevin Thomas and Chef Vicki LaValle, will prepare a lavish buffet of local dishes using

ingredients produced in Michigan. Tickets are available at the MCCC Cashier (9 a.m.-4 p.m., Mon.-Fri.) or by calling (734) 384-4272. Cost: \$20 per person. Included are drinks, appetizers, salads, breads, entrees and a dessert buffet.

April 18

Foodways of Early Michigan

Noon-4 p.m.

Navarre-Anderson Trading Post – River Raisin Territorial Park

3815 N. Custer Rd., Monroe

During this free event, visitors will have the opportunity to learn about the foodways of the various cultural groups that populated southeastern Michigan from the 1780s to 1860s.

April 20

River Raisin Institute Spring Film Series: ‘Hungry for Change’

6:30-8 p.m.

Ida Branch Library

30161 Lewis Ave., Ida

The documentary “Hungry for Change” reveals secrets the diet, weight loss, and food industries do not want us to know about. Find out what’s keeping us from the health we crave and how to avoid the diet trap forever. UR, 2013. Length: 1 hour 29 minutes.

April 21

Book Discussion: ‘The American Way of Eating’

6:30 p.m.

Rasey Memorial Branch Library

4349 Oak Dr., Luna Pier

April 22

River Raisin Institute Spring Film Series: ‘Hungry for Change’

6:30-8 p.m.

Summerfield-Petersburg Branch Library

60 E. Center St., Petersburg

The documentary “Hungry for Change” reveals secrets the diet, weight loss, and food industries do not want us to know about. Find out what’s keeping us from the health we crave and how to avoid the diet trap forever. NR, 2013. Length: 1 hour 29 minutes.

April 27

Book Discussion: ‘The American Way of Eating’

7 p.m.

Carleton Branch Library

1444 Kent St., Carleton

May 4

River Raisin Institute Spring Film Series: ‘Ingredients’

6:30-8 p.m.

Ida Branch Library

30161 Lewis Ave., Ida

“Ingredients” unearths the roots of the local food movement and digs into the stories of the farmers, chefs and activists transforming our broken food system. The documentary illustrates the innovative farm-to-table alternative food system – healthy, sustainable and tasty. UR, 2009.

Length: 1 hour 13 minutes.

May 6

River Raisin Institute Spring Film Series: “Ingredients”

6:30-8 p.m.

Summerfield-Petersburg Branch Library

60 E. Center St. • Petersburg

“Ingredients” unearths the roots of the local food movement and digs into the stories of the farmers, chefs and activists transforming our broken food system. The documentary illustrates the innovative farm-to-table alternative food system – healthy, sustainable and tasty. *UR, 2009.*

Length: 1 hour 13 minutes.

“The American Way of Eating” by Tracie McMillan is available for checkout at any Monroe County Library System branch location in print and eBook. The title is also available for purchase at:

- Book Nook, 42 S. Monroe Street, Monroe
- Books-A-Million - Mall of Monroe, Monroe
- Monroe County Community College Bookstore (Main Campus in Monroe)

Founding Partners of One Book, One Community of Monroe County include Monroe County Community College, The Foundation at Monroe County Community College, Monroe County Library System and Monroe Publishing Company/Monroe News.

Major Sponsors for 2015 include Calder Dairy and Farm; Education Plus Credit Union; Harbor Inn & Ale; Janssen Brothers Farms, LLC; Meemic/Leski Insurance Agency, LLC, and Siena Heights University.

Supporters include The (MCCC) Agora; Book Nook; Diversity Committee of MCCC; Friends of One Book, One Community: Monroe County Community College Student

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Government; Monroe County Historical Museum, and the River Raisin Institute.

Educational Reading Partners include Airport Community Schools and Meadow Montessori.

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