



MONROE COUNTY
COMMUNITY COLLEGE

enriching lives

Main Campus

1555 South Raisinville Road
Monroe, MI 48161-9746

Whitman Center

7777 Lewis Avenue
Temperance, MI 48182

www.monroeccc.edu

Press Release

Contact:
Joe Verkennes,
Director of Marketing,
(734) 384-4207

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FOR IMMEDIATE RELEASE

REGISTRATION UNDERWAY
FOR LIFELONG LEARNING COURSES

*Educational Opportunities for Adults Offered
in Wide Range of Non-credit, Non-degree Programs*

MONROE, Mich. – Monroe County Community College has released the Lifelong Learning Schedule of Classes for January through August 2015, and registration is underway.

The Lifelong Learning Office provides educational opportunities for adults in a wide range of non-credit, non-degree programs in the following areas: certificate programs/career exploration, computer training, small business development, personal interest, family life education, college and job prep, sports and physical fitness, motorcycle and firearm safety, dance, wellness/health care, real estate, home inspection, skilled trades, business, professional development, and health and safety.

The following are some of the classes that will be offered on the Main Campus in Monroe:

(more)

Motorcycle Safety – As part of the Detroit Metro Motorcycle Safety Consortium, MCCC offers hands-on, comprehensive motorcycle safety training in a safe and comfortable environment. The classes are taught by professional, certified instructors who not only have a passion for riding, but also for riding safety. State funds from a motorcycle safety grant administered by the Michigan Department of State and federal funds from the Michigan Office Highway Safety and Planning support this program.

NRA Home Firearm Safety – This non-shooting course teaches students the basic knowledge, skills and attitude necessary for the safe handling and storage of firearms in the home. Covered are the National Rifle Association’s rules for safe gun handling, primary causes of firearms accidents, firearm parts, ammunition components and safe storage of firearms in the home. This course does not qualify students for a CPL license.

First Aid, Adult CPR and AED – Students in this course will gain the basic understanding of care for ill or injured persons in any environment, including first-on-scene emergency care, concerns regarding the complications of medical or trauma patients from improper actions, and instructions to assist trained emergency care providers.

Destination Dance – These courses offer instruction in tap, jazz, ballet, modern, theater dance, and ballroom for ages 4 to adult. Lessons are structured to be highly creative and provide a supportive environment for all age groups and ability levels.

Tae Kwon Do – Tae kwon do is a Korean martial art that translates into “the way of kicking and punching” with proper attitude and concentration. Students will practice tae kwon do to learn mind and body control through unarmed self-defense techniques, discipline and concentration. Open to students age 5 and older.

(more)

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Women's Self-defense Seminar – Geared specifically for women, this seminar will cover simple self-defense strategies designed to provide protection from attackers, including recognizing threatening situations and methods of responding to them, as well as how to mentally and emotionally gather the confidence needed to survive an attack.

New courses for this term include **Beginning Russian** and **Parent Power**, a course to help parents understand their role as the authority in their child's life.

Some of the classes offered at the Whitman Center in Temperance include:

Scrap for Scholars – Scrap bookers and crafters will have the opportunity to meet new people, learn innovative techniques and learn new crafts. Vendors from the areas of scrapbooking, stamping and jewelry/beading will be in attendance. Children are welcome with the accompaniment of an adult. All proceeds from the registration of this event go to raise money for the Mary Mosingo-Cobb Scholarship Fund.

Passport to Retirement – This workshop will cover important money management concepts and educate attendees on how to overcome the roadblocks to a successful retirement.

The full Lifelong Learning course schedule is available on MCCC's website, www.monroeccc.edu. The direct link is: <http://www.monroeccc.edu/ccs/LLSchedule/WISP-15/index.htm>.

To register for classes or for more information, contact the Office of Lifelong Learning at (734) 384-4127.

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