

**Community College Survey of Student Engagement - Monroe County Community College (2023 Administration)
Frequency Distributions - Community College Student Mental Health and Well-Being**

[Weighted]

Item	Variable	Responses	Your College		Small Colleges		Community College Student Mental Health and Well-Being	
			Count	Percent	Count	Percent	Count	Percent
6. At this college, I feel that students' mental health and emotional well-being is a priority.	COLLQ8666	Strongly disagree	16	16.0	1,980	9.9	4,701	9.3
		Disagree	10	9.8	2,464	12.3	6,197	12.2
		Agree	58	56.6	10,804	53.9	27,613	54.3
		Strongly agree	18	17.6	4,809	24.0	12,304	24.2
		Total	102	100.0	20,057	100.0	50,815	100.0
7. Over the last 2 weeks, how often have you been bothered by having little interest or pleasure in doing things?	COLLQ8667	Not at all	45	43.5	8,269	41.2	20,832	40.9
		Several days	34	33.5	6,804	33.9	17,631	34.6
		More than half the days	13	12.3	2,889	14.4	6,906	13.6
		Nearly every day	11	10.7	2,113	10.5	5,522	10.9
		Total	103	100.0	20,075	100.0	50,891	100.0
8. Over the last 2 weeks, how often have you been bothered by feeling down, depressed or hopeless?	COLLQ8668	Not at all	45	44.2	10,132	50.7	25,289	49.9
		Several days	36	35.1	6,022	30.1	15,502	30.6
		More than half the days	14	13.8	2,212	11.1	5,686	11.2
		Nearly every day	7	7.0	1,636	8.2	4,194	8.3
		Total	103	100.0	20,002	100.0	50,671	100.0

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9. Over the last 2 weeks, how often have you been bothered by feeling nervous, anxious or on edge?	COLLQ8669	Not at all	39	38.0	6,846	34.2	17,214	33.9
		Several days	31	30.8	7,128	35.6	18,371	36.2
		More than half the days	19	18.2	3,154	15.7	7,806	15.4
		Nearly every day	13	12.9	2,904	14.5	7,385	14.5
		Total	102	100.0	20,031	100.0	50,777	100.0
10. Over the last 2 weeks, how often have you been bothered by not being able to stop or control worrying?	COLLQ8670	Not at all	45	44.1	9,117	45.5	22,950	45.2
		Several days	31	30.7	5,906	29.5	15,316	30.2
		More than half the days	15	14.6	2,525	12.6	6,312	12.4
		Nearly every day	11	10.6	2,490	12.4	6,191	12.2
		Total	101	100.0	20,037	100.0	50,769	100.0
11. In the past 12 months, I have needed help for emotional or mental health problems such as feeling sad, blue, anxious, or nervous.	COLLQ8671	Strongly disagree	29	28.9	7,029	35.1	17,119	33.7
		Disagree	18	17.4	3,235	16.2	8,188	16.1
		Neither agree nor disagree	16	15.6	3,469	17.3	8,959	17.7
		Agree	30	29.8	3,956	19.8	10,324	20.3
		Strongly agree	8	8.4	2,332	11.6	6,166	12.1
		Total	101	100.0	20,021	100.0	50,755	100.0

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12. If you needed to seek professional help for your mental or emotional health while attending this college, you would know where to go.	COLLQ8672	Strongly disagree	13	12.7	2,985	15.0	7,242	14.3
		Disagree	16	15.9	3,054	15.3	7,932	15.7
		Neither agree nor disagree	17	16.8	4,071	20.4	10,455	20.7
		Agree	37	36.2	6,620	33.2	16,768	33.2
		Strongly agree	19	18.4	3,232	16.2	8,178	16.2
		Total	101	100.0	19,962	100.0	50,576	100.0
13. If you needed help for your mental health and emotional well-being in the past 12 months, how often have you sought such help?	COLLQ8673	Never	32	31.4	6,608	33.1	16,346	32.3
		Rarely	23	23.2	4,223	21.2	10,942	21.6
		Often	16	16.2	3,020	15.1	7,878	15.6
		Very often	8	8.3	1,503	7.5	3,999	7.9
		I have not needed help for my mental health and emotional well-being	21	20.9	4,590	23.0	11,398	22.5
		Total	101	100.0	19,944	100.0	50,564	100.0
14. If you needed help with your mental health and emotional well-being, what would be the greatest barrier that would keep you from seeking that help?	COLLQ8674	Lack of resources (money, time, transportation)	36	35.7	5,856	29.7	15,943	31.9
		I worry about what others will think of me	9	8.9	2,714	13.8	6,166	12.3
		I do not know where to seek help	6	6.4	1,278	6.5	3,262	6.5
		I do not know what kind of help I need	7	7.0	3,467	17.6	9,316	18.6
		Other	42	41.9	6,424	32.5	15,350	30.7
		Total	101	100.0	19,739	100.0	50,036	100.0

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			Count	Percent	Count	Percent	Count	Percent
15. If you were experiencing emotional or mental health problems such as feeling sad, blue, anxious, or nervous, whom would you most prefer to talk to about this?	COLLQ8675	Trained mental health provider (e.g., psychiatrist, psychologist, counselor, or social worker, etc.)	39	39.0	6,763	34.1	18,655	37.1
		Someone who works at this college who is not a trained mental health provider	3	2.6	646	3.3	1,437	2.9
		Friend, partner, or family member	51	50.8	10,059	50.7	24,457	48.6
		Someone from your cultural community (identity-based, faith-based, etc.)	4	3.8	652	3.3	1,622	3.2
		Other	4	3.9	1,705	8.6	4,112	8.2
		Total	100	100.0	19,825	100.0	50,283	100.0
16. If you were experiencing emotional or mental health problems such as feeling sad, blue, anxious, or nervous, which of the following supports from a trained mental health provider would you most prefer to use?	COLLQ8676	In-person, individual counseling or therapy	73	74.2	14,604	74.8	36,667	73.8
		In-person, group therapy or a support group	1	0.7	1,028	5.3	2,735	5.5
		Teletherapy (counseling or therapy via the phone, video, text, messaging)	20	20.6	2,624	13.4	7,345	14.8
		Peer counseling from a trained peer	2	2.0	910	4.7	2,015	4.1
		Crisis hotline (number to call or text during a mental health crisis to reach a trained responder)	3	2.6	349	1.8	892	1.8
		Total	99	100.0	19,516	100.0	49,654	100.0
17. If you needed help with your mental health and emotional well-being, how important is it to you that your mental health provider understands your cultural community (racial/ethnic identity, gender identity, religious identity, LGBTQIA+ identity, etc.)?	COLLQ8677	Not at all important	27	27.4	5,799	29.4	13,702	27.3
		Somewhat important	22	22.4	3,619	18.4	9,448	18.9
		Important	28	28.3	4,291	21.8	10,934	21.8
		Very important	12	12.6	3,093	15.7	7,895	15.8
		Absolutely essential	9	9.3	2,915	14.8	8,128	16.2
		Total	97	100.0	19,717	100.0	50,106	100.0

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18. In the past 4 weeks, how many days have you felt that emotional or mental difficulties have hurt your academic performance?	COLLQ8678	None	52	51.0	8,879	44.9	22,309	44.4
		1-2 days	25	24.5	5,019	25.4	12,852	25.6
		3-5 days	13	12.7	3,225	16.3	8,116	16.2
		6 or more days	12	11.8	2,674	13.5	6,951	13.8
		Total	101	100.0	19,797	100.0	50,228	100.0
19. How likely is it that issues with mental health or emotional well-being would cause you to withdraw from class(es) or from this college?	COLLQ8679	Not likely	68	67.4	12,883	65.0	31,856	63.4
		Somewhat likely	16	16.3	4,074	20.6	10,918	21.7
		Likely	10	9.5	1,709	8.6	4,341	8.6
		Very likely	7	6.7	1,147	5.8	3,120	6.2
		Total	101	100.0	19,812	100.0	50,235	100.0
20. In the past 12 months have you needed help with substance use issues?	COLLQ8680	No	97	98.7	18,301	92.1	46,316	91.9
		Yes	0	N/A	494	2.5	1,224	2.4
		I am not sure	0	N/A	588	3.0	1,519	3.0
		I prefer not to respond	1	1.3	497	2.5	1,324	2.6
		Total	99	100.0	19,880	100.0	50,384	100.0

Colleges in the Comparison Group

Comparison Group: Small Colleges

Institution	State	Year
Arkansas Northeastern College	AR	2023
Arkansas State University-Newport	AR	2023
Belmont College	OH	2023
Berkshire Community College	MA	2023
Big Sandy Community and Technical College	KY	2023
Black River Technical College	AR	2023
Blue Mountain Community College	OR	2023
Blue Ridge Community College	VA	2023
Brazosport College	TX	2023
Casper College	WY	2023
Central Wyoming College	WY	2023
Centralia College	WA	2023
Chipola College	FL	2023
Cleveland State Community College	TN	2023
Coastal Bend College	TX	2023
College of the Mainland	TX	2023
Colorado Northwestern Community College	CO	2023
Columbia Gorge Community College	OR	2023
Compton College	CA	2023
Cossatot Community College of the University of Arkansas	AR	2023
Danville Area Community College	IL	2023
Dyersburg State Community College	TN	2023
East Central College	MO	2023
Eastern Wyoming College	WY	2023
Ellsworth Community College	IA	2023
Ensign College	UT	2023
Fond du Lac Tribal and Community College	MN	2023
Garden City Community College	KS	2023
Gillette College	WY	2023
Hagerstown Community College	MD	2023
Highland Community College	IL	2023
Independence Community College	KS	2023
Jackson State Community College	TN	2023
John A. Logan College	IL	2023
Jones County Junior College	MS	2023
Kirtland Community College	MI	2023
Laramie County Community College	WY	2023
Little Big Horn College	MT	2023
Madisonville Community College	KY	2023
Marshalltown Community College	IA	2023
Maysville Community & Technical College	KY	2023
Mid-Plains Community College	NE	2023
Minnesota North College	MN	2023
Mississippi Delta Community College	MS	2023
Missouri State University-West Plains	MO	2023
Mountain Empire Community College	VA	2023

Colleges in the Comparison Group

Comparison Group: Small Colleges

Institution	State	Year
Muskegon Community College	MI	2023
NMSU Alamogordo	NM	2023
North Central State College	OH	2023
North Florida College	FL	2023
North Iowa Area Community College	IA	2023
Northeast Alabama Community College	AL	2023
Northeast Mississippi Community College	MS	2023
Northeast Texas Community College	TX	2023
Northwest College	WY	2023
Otero College	CO	2023
Owensboro Community and Technical College	KY	2023
Ozarka College	AR	2023
Paul D. Camp Community College	VA	2023
Piedmont Technical College	SC	2023
Rhodes State College	OH	2023
River Parishes Community College	LA	2023
Riverland Community College	MN	2023
SOWELA Technical Community College	LA	2023
Saginaw Chippewa Tribal College	MI	2023
Salem Community College	NJ	2023
Salish Kootenai College	MT	2023
Southeastern Community College	NC	2023
Southern Arkansas University Tech	AR	2023
Southern State Community College	OH	2023
Southwestern Community College	IA	2023
Southwestern Indian Polytechnic Institute	NM	2023
Stanly Community College	NC	2023
Stone Child College	MT	2023
United Tribes Technical College	ND	2023
University of New Mexico - Valencia Campus	NM	2023
University of New Mexico-Los Alamos Campus	NM	2023
University of the District of Columbia Community College	DC	2023
Vernon College	TX	2023
Western Nebraska Community College	NE	2023
Western Nevada College	NV	2023
Western Technical College	WI	2023
Western Wyoming Community College	WY	2023